



# Emergency Responders Health Center

9976 WEST EMERALD ST. | BOISE, ID | 208.229.3742 (ERHC) | [info@er-hc.org](mailto:info@er-hc.org)

## Idaho State Police Personnel / Annual Wellness Exam

Emergency Responders Health Center (ERHC) recognizes the extreme demands placed on firefighters, law enforcement officers and EMS/Paramedics. Your agency has contracted with our Clinic to provide an Annual Wellness Examination specifically customized to your occupational health needs – *at no out-of-pocket cost to you.*

**NOTE:** Patient forms can be downloaded from ERHC website and completed prior to exam (see page 2 for details)

### **Laboratory: Blood Draw and Urine Sample**

- Complete 2-days prior to wellness exam (recommend early morning draw time)
- Fasting: 8-10 hours prior to sample collection (except for water or black coffee)
- Please bring a Photo ID with you

<u>Locations</u>	<u>Boise</u>	<u>Coeur d’Alene/Lewiston</u>	<u>Pocatello/Idaho Falls</u>	<u>Twin Falls/Burley</u>
<b>Labs</b>	<b><u>ERHC</u></b> 9976 W. Emerald Boise, 83704 P: 208-229-3742	<b><u>LabCorp</u></b> 700 Ironwood Dr., Ste 135 Coeur d’Alene, 83814 P: 208-966-6362 Hours: 7:30am-5:00pm M-F <b><u>LabCorp</u></b> (Inside Kootenai Urgent Care) 1300 E. Mullan Ave. Ste 800 Post Falls, ID 83854 P: 208-777-1344 Hours 8:00am-1:00pm M-F <b><u>Moscow Medical Center (L)</u></b> 213 N. Main Street Moscow, ID 83843 P: 208-882-7565 Hours: 8:00am-4:00pm M-Th	<b><u>Physicians Care Center – Lab Center (TVL)</u></b> 495 Yellowstone Ave, Pocatello, 83201 P: 208-478-7422  <b><u>Idaho Falls Patient Service Center (TVL)</u></b> 2001 S. Woodruff Ste. 14 Idaho Falls, 83404 P: 208-522-2124	<b><u>Interpath Lab</u></b> 496 Shoup Ave. W Ste F Twin Falls, 83301 P: 208-734-8887  <b><u>Interpath Lab</u></b> 1021 E Main St. Burley, 83318 P: 208-678-6581
<b>Medical Clinics</b>	<b><u>ERHC</u></b> 9976 W. Emerald Boise, 83704 P: 208-229-3742	<b><u>Northwest Specialty Hospital</u></b> 1641 East Polston Ave Post Falls, 83854 P: 208-262-2600  *The main doors face Polston.	<b><u>Primary Care Specialists</u></b> 110 Vista Dr. Pocatello, 83201 P: 208-234-2300	

### Examination Information

1. **Provider Preference:** You may request a male or female provider at the time of scheduling. (Please note: Provider availability may be limited at satellite clinics.)
2. **Duration:** The exam appointment will take approximately 1.5 to 2.5 hours (depending whether treadmill test is required). ERHC personnel are committed to doing their best to keep everyone ON TIME. Your prompt arrival will assist our personnel to stay on-time.
3. **Process:** Your appointment will include a nursing intake, a series of basic tests, a comprehensive visit with your medical provider, vaccination update and a urine drug screening (new recruits only). Please see page 2 for detailed exam information.
4. **Confidentiality**
  - a. All exam results will be kept strictly confidential. Your medical information is legally protected health information and will NEVER be shared with your department.
  - a. Per ISP instructions, ERHC will complete a medical clearance form to authorize ISP Members to participate in the ISP Physical Fitness Test (PFT).

If you have any questions or concerns regarding your examination, please contact our clinic: phone: 208-229-3742 or email us at [info@er-hc.org](mailto:info@er-hc.org). Our website is [www.er-hc.org](http://www.er-hc.org).